



# Peet Cub News

## Focusing on Grit and Persistence

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This year at Peet we are focusing on teaching students about grit and persistence. Each month there will be a lesson in fourth period on the elements of grit and persistence.

Grit is an important characteristic to have in life.

Did you know:

1. Students with grit tend to be more resilient and hardworking. Students with grit also have a sense of direction and purpose.
2. It is important to have high expectations that stretch a student's abilities. The "stretching" aspect of the task allows for new growth and achievement.
3. When stretching expectations for new growth, it can be useful to break the task down into parts until the overall expectation becomes almost second nature.
4. When teaching persistence, it is important to connect it with purpose. For example, a person may not like getting up

early for swim practice, but they truly like the feeling of accomplishment when they win swimming medals. The practice makes the winning possible.

5. Some students can become so afraid of

making a mistake that they freeze. It's ok. These students need to know that it's ok to make mistakes. In fact, making mistakes is part of the learning process. For these students, seeing how someone handles a mistake is important.

6. Focused practice is a method of concentrating on a weakness until it no longer is a weakness or can even become a strength. This kind of focus can be very beneficial but is also draining. World-class athletes can only withstand focused practice for about an hour and then a break is needed.

7. The elements of focused practice are:

- A clearly defined goal
- Full concentrated effort
- Immediate and informative feedback
- Repetition with reflection and refinement.



In this fast-paced world, where students see perfect Youtube videos at the press of a button, they need to understand that trying new things, learning, and success will involve struggle and feelings of frustration. This is natural in the learning process. Every toddler stumbled before they learn to walk and eventually run.

Again, this will be a focus for the year. If you can reinforce this with your child at home, it would be greatly appreciated. Our goal is to have students who are successful in life and thus can (and will) achieve their personal goals.

## Peet Clubs

Find a place to shine.

See the Peet website for a listing of Peet Clubs.

## Counselors' Corner

### Helping Kids Cope with Anxiety After Hurricane Harvey

Be patient and flexible with children's behavior and reactions (both physical and emotional).

- Kid's reactions vary greatly: they have suffered losses too, and it's natural for them to express disbelief, anger, sadness, anxiety and depression afterwards.

- Understand that emotions of hurricane survivors often follow a roller coaster pattern of changes in mood and emotion. These emotions can change unexpectedly.

- Children resent the shattering of their routine. That resentment may manifest itself in enormous guilt, nightmares, temper tantrums and problems at school or home. Help children find healthy ways to express their feelings.

PSAT 8/9 will be administered to all 8th grade student during the school day on Wednesday, October 11th. There will be no make-ups, so it is important your child is in school. This test will give valuable information on high school and college readiness.



The Counseling Center will be hosting a brown bag luncheon on Wednesday, October 18 from 12:00 – 1:00 in the Peet library. The topic is "Growth Mindset" Come to understand the adolescent mind and how it works. Hope to see you there.

Kristen Brennan

(A-L student alpha)

Karen Haase

(M-Z student alpha)

## Nurse's Notes

In the interest of student safety, students are not allowed to transport medication either to or from school. If it is necessary for your child to receive prescription or over the counter medications during the school day, a parent/guardian must deliver the medication in its original container, with the student's name on it and the instructions for administration. Please check the expiration date on all over the counter medications prior to bringing them to the clinic. There is a policy in place for rescue inhalers for the treatment of asthma



and the use of epi-pens for severe allergic reactions. This policy allows a student to carry these medications provided both the parent and physician have completed the proper Conroe ISD forms.

Please notify the school nurse if your student has a health condition or health issues that we need to be aware of. If at any time during the year your student's health or emergency contact information changes, please notify us so that our information remains current.

Flu season is around the cor-

ner, so speak to your child's pediatrician about getting a flu shot. Many area clinics and pharmacies are offering flu shots for a small fee. Feel free to contact us at (936) 709-3830 for low cost clinic information.

Stay Healthy!

Laura Celestino, RN, BSN, PHN

School Nurse

Elizabeth Buller,

Clinic Aide

## UIL Eligibility

UIL eligibility – No Pass No Play – will begin after the first six weeks of school. October 6 at 2:35 students will lose or gain eligibility to participate in extracurricular activities. Any



student who receives, at the end of the grading period a grade below

70 in any class may not participate in extracurricular activities for a period of time. An ineligible student may practice or rehearse,

however. The student regains eligibility after the seven calendar

day waiting period has ended following the first nine weeks grading period (October 13) after it has been determined that he or she has earned a passing grade in all classes.

**Caught You Reading!**  
Caught you reading the Peet Newsletter. What special, school-wide event happened on September 28, 2017? It was really super! Tell Mr. Corcoran the answer and win a prize.

## Peet Web Store

Parents, be sure to check your student's fee account for any outstanding class fees your child may have. Go to [www.peetwebstore.com](http://www.peetwebstore.com) and follow the on-screen directions to log in as your student. Then click on PAY DEBTS to select and pay fees. If you have questions about the fees for a partic-

ular class or club, please email the teacher/sponsor.

Valarie Durham  
Financial Secretary



## Student Council Food Drive

With the devastation of Hurricane Harvey, it has been uplifting to see and hear all of the acts of kindness that have sustained people during this time of need.

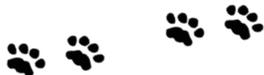
The Peet Student Council held a food drive to help those in need. More than 1,488 canned food items were

donated. The items will go to Communities in Schools and will help student families. Thank you so much to the students of



Peet Junior High School for making a difference in the lives of others.

# Peet Tracks



## PSAT Testing

PSAT Testing will take place at Peet on October 11, 2017. Testing will take place in the morning. If your child has a graphing calculator or a scientific calculator, we encourage them to bring it to use on this test day.

Chelsea Fuller

Testing Coordinator



## Yearbooks

Yearbooks are on sale for \$45.00. See Ms. Durham in the front office or go to [www.yearbookforever.com](http://www.yearbookforever.com)

Natalie Martinez



## Girls Basketball Tryouts

October 25th, 26th, and 27th.

Participants must be at tryouts all three days.

7th grade—7:00 am-8:30 am.

8th grade—4:15 pm-5:15 pm.

A completed physical must be on file before students can try-out.



## Art Club

Peet's art club kicks off in October. Join us the 2nd and 4th Wednesday of the month starting at 8:00 am in room 25. You do not have to be a current art student to come. Just show up and be prepared to create something amazing. Hope to see you on October 11th.

Ms. Varner & Ms. Villa

Art Teachers



## 8th Grade Language Arts

8th grade ELA students are off to a great start. This month, students will focus on reading literary nonfiction and writing expository essays. They will also continue to focus on vocabulary development as they work in the vocabulary workshop books.

## Orchestra

Chamber 8 is attending the Kingwood Pops Orchestra Concert on Friday, October 13th.

Regional orchestra audition is Saturday, October 21st at Doerre Intermediate School.

Lynne Baldwin

## Tennis

The **Peet Tennis Club & 212 Tennis** will be hosting a benefit tournament in October or November. Proceeds to go to local animal shelters and/or Peet JH students and families affected by Hurricane Harvey. Please contact club sponsor Chad Baron ([cbaron@conroeisd.net](mailto:cbaron@conroeisd.net) or [the212tennis@gmail.com](mailto:the212tennis@gmail.com)) or call/text: (936) 718-2800 for more information about participating or donating.



| Day       | Orchestra Sectionals Schedule            | Times                  |
|-----------|--|------------------------|
| Monday    | A.M. Open Practice Rooms<br>P.M. Cello 7 | 7:50-8:40<br>4:00-5:00 |
| Tuesday   | A.M. Cello 8<br>P.M. Violin 7            | 7:50-8:40<br>4:00-5:00 |
| Wednesday | A.M. Violin 8<br>P.M. Viola 7            | 7:50-8:40<br>4:00-5:00 |
| Thursday  | A.M. Violin 8<br>P.M. Bass 7             | 7:50-8:40<br>4:00-5:00 |
| Friday    | A.M. Bass 8                              | 7:50-8:40              |

## Calendar of Events

### Nine-Weeks Exam Schedule

| Date                   | Exam                                    |
|------------------------|---|
| Monday, October 2nd    | Language Arts & Spanish                 |
| Tuesday, October 3rd   | Health                                  |
| Wednesday, October 4th | Science & 8th Math                      |
| Thursday, October 5th  | History & 7th Math                      |
| Friday, October 6th    | Make-ups<br>Early Release Day 12:50 pm. |



### October

2nd – 7th grade football @ McC and @ TWHS  
 3rd – 8th grade football @ McC and @ TWHS  
 5th – Volleyball @ Peet  
 6th – Cross Country Meet @ Magnolia  
 6th – End of First 9 weeks (UIL Eligibility – gain/lose)  
 10th – Pep-Rally (football, volleyball, & cross-country)  
 10th – 7th grade football @ Moorhead and @ Irons  
 11th – 8th grade football @ CHS Aux and @ Irons  
 11th – PSAT Testing  
 12th – Volleyball @ Peet  
 13th – Eligibility Status Change (gain/lose)  
 16th – 7th grade football @ ORHS and @ Peet  
 17th – 8th grade football @ ORHS and @ Peet  
 19th – Volleyball @ McCullough  
 20th – Cross Country Meet (District) @ Oak Ridge HS  
 21st – JHS Region Orchestra Auditions  
 23rd – 7th grade football @ Peet and @ TWHS  
 24th – 8th grade football @ Peet and @ TWHS

25th – School Picture Re-takes

27th – Peet & WJH Band Night at CHS game

27th – Progress Reports pulled (UIL Eligibility – gain)

30th – 7th grade football @ Moorhead and @ Knox

31st – 8th grade football @ Moorhead and @ Knox

### November

7th – Theatre Ren. Fest

8th – Choir Ren. Fest

9th – Veteran's Day Assembly

10th – JHS Region Sectionals