



# Peet Cub News

### Inside this issue:

Counselors' Corner	2
Nurse's Notes	3
Peet Tracks	4
Important Dates	6



*"An investment in knowledge pays the best interest."*

*Benjamin*

*Franklin*

## A Texas Size Spring Break Adventure

Have fun during Spring Break and discover Texas treasures along the way.

1. Eat barbecue at Snow's in Lexington. Snow's is in the middle of nowhere about an hour east of Austin. It is only open on Saturday mornings. 979-773-4640
2. See the world in San Antonio. See the incredible view from the Tower of the Americas. Gaze at the Alamo and the River Walk. 210-223-3101
3. Explore Palo Duro Canyon. The hues of purple, gray, and orange make for a fabulous view. Palo Duro Canyon can be viewed by car, foot, or horseback. 806-488-2555



4. Attend a star party at the McDonald Observatory near Fort Davis. The stars at night are big and bright deep in the heart of Texas. The stars are even bigger and brighter when seen from atop the Davis Mountains. "Star parties" are hosted every Tuesday, Friday, and Saturday night after sunset.
5. Fish Caddo Lake. Caddo Lake is the largest natural freshwater lake in the South. It contains the largest cypress forest in the world. 903-679-3351
6. Spray paint a car at Cadillac Ranch near Amarillo. The public can spray paint ten half-buried Cadillacs.

7. Visit Lady Bird Johnson's Wildflower Center in Austin. Walk the paths and marvel at the six hundred plus types of flora before you. 512-232-0100
8. See Stephen F. Austin in Austin. Much history can be discovered in the Texas State Cemetery. It is located just east of downtown Austin between Seventh and Eleventh streets. A trip through the 21 acre cemetery is a trip through our history. 512-463-0605
9. Eat barbecue at New Zion Missionary Baptist Church in Huntsville. This down home cooking has appeared in numerous publications. 2601 Montgomery Road 936-295-2349

## Counselors' Corner

### Four Year Plan for 8th Grade Students

All 8<sup>th</sup> grade students will be completing Four Year Plans during their math class April 14 – 16. The Peet Counselors will meet with math classes on April 14 to get all required classes on the student's plans. April 15 CHS Counselors will also be available to help students with their elective choices and to answer questions during each math class. April 16, Peet Counselors will be in each math class to follow up and answer any remaining questions.

Parents are welcome to attend the presentation on April 14 in the LGI. There will be presentations 1<sup>st</sup> - 5<sup>th</sup> periods and 7<sup>th</sup> period. Each year during high school, a high school Counselor will meet with your child to review their Four Year Plan and make any changes that may be needed.



This year students will be asked to declare a Career Cluster on their Four Year Plan that will reflect their career goals. Students took the Kuder Career Assessment during their PE/Athletic class earlier in the year in order to help them determine the Career Cluster which will best fit their goals. Students still have access to the Kuder Career Assessment via the Internet.

Please see the Counselor's Web Page (Kuder Student Instruction Form) for directions to the site for the Kuder Career Assessment.

### Summer Acceleration

Final details are being worked out for Summer Acceleration classes for this summer. Here is the information we know at this time:

Location – McCullough Jr. High School

Dates – June 9 – July 14

Five days per week

### Summer School Remediation and TAKS Academy

Details concerning these programs will be available in the near future on the CISD website at [www.conroeisd.net](http://www.conroeisd.net).

Additional information will be available in the Counseling Center as soon as details are finalized at the district level. Please encourage students to listen for announcements concerning both Summer Acceleration and Summer School for Remediation.

Letters will be mailed in April to students who are in danger of failing for the year and having to attend summer school to be promoted to the next grade.

Kristen Brennan (A-L alpha)

[kbrennan@conroeisd.net](mailto:kbrennan@conroeisd.net)

Karen Haase (M-Z alpha)

[khaase@conroeisd.net](mailto:khaase@conroeisd.net)



## Nurse's Notes: It's A Noisy Planet, Protect Your Child's Hearing

We live in an increasingly noisy world. Not only does the overall noise level seem to be going up, but we are surrounded by a growing number of tools, toys, and other gadgets that make noise—and lots of it. Just compare the noise made by a rake to that made by a leaf blower! While you may already be aware of the rising din, you may not know that too much noise can permanently damage your hearing and your child's hearing. Even a small loss of hearing can affect a child's quality of life. The ability to hear well helps children succeed in school, in sports and other activities, and in their personal relationships. As adults, the quality of their hearing health may affect their job opportunities and workplace safety. According to the Noisy Planet campaign, noises that are too loud and last too long can be harmful to hearing. To protect your hearing, you and your child can:

- Block the noise (wear earplugs or earmuffs).
- Avoid the noise (walk away).
- Turn down the sound.

### Facts about Noise Induce Hearing Loss (NIHL)

- Approximately 26 million Americans between the ages of 20 and 69 have high-frequency hearing loss from overexposure to loud noises at work or during leisure

activities.

- Noise-induced hearing loss is 100 percent preventable.
- Symptoms of noise-induced hearing loss will increase gradually. Over time, the sounds a person hears may become distorted or muffled, and it may be difficult for the person to understand speech. Someone with noise-induced hearing loss may not even be aware of the loss, but it can be detected with a hearing test.
- Noise-induced hearing loss is related both to the decibel level of a sound and to the amount of time you are exposed to it. Your distance from the sound also matters.
- Researchers who study hearing loss have found that a person who is exposed to noise levels at 85 decibels or higher for a prolonged period of time is at risk for hearing loss.
- Many devices that children use today have noise levels much higher than 85 decibels. For example, an MP3 player at maximum level is roughly 105 decibels. That's 100 times more intense than 85 decibels!
- When we are exposed to harmful noise—sounds that are too loud or loud sounds that last a long time—sensitive structures in our inner

ear can be damaged, causing noise-induced hearing loss. These structures, called hair cells, are small sensory cells in the inner ear that convert sound energy into electrical signals that travel to the brain.

- Noise-induced hearing loss is cumulative, invisible, and permanent. It's cumulative because the damage can start when we are young and get worse over time. It's invisible because it can happen without our even noticing it, until it's too late. And it's permanent because, unlike a broken arm that gets better over time, we can't "heal" our hearing. Once it's damaged, it's damaged for good.

The Noisy Planet Web site provides parents with information about NIHL and tips on how to teach their children about hearing protection. The site also features articles, games, posters, and other materials developed just for kids to make learning about hearing protection fun as well as educational. For more information, visit [www.noisyplanet.nidcd.nih.gov](http://www.noisyplanet.nidcd.nih.gov) or call (800) 241-1044.

### Healthy children are better learners!

Laura Celestino, RN  
Elizabeth Buller Clinic Aide



## Peet Tracks

### Yearbooks

Yearbooks are on sale for \$45.00. There are only 95 books left. On April 1st, the price will increase to \$50.00. You may pay in the front office or online at [yearbookforever.com](http://yearbookforever.com).

### Spring Semester Class

#### Fees

Spring semester class fees are due at this time. Visit [www.peetwebstore.com](http://www.peetwebstore.com) to pay your student's class fees online.

### Tennis Happenings in March:

March 4th - 212 Tennis hosting the 212 Tournament Series # 4 (@ Peet Courts)

March 7th - Peet Jr High Tennis Team hosts Brenham #1 @ 4:05 p.m. (@ Peet Courts)

March 21st - Peet Jr High Tennis Team hosts Brenham #2 @ 4:05 p.m. (@ Peet Courts)

March 30th - Peet Jr High Tennis Team hosts Mance Park @ 4:30 p.m. (@ CHS Courts)

### Coach Baron

[cbaron@conroeisd.net](mailto:cbaron@conroeisd.net)

### Orchestra

Chamber 7 & 8 will be participating in Pre UIL Concert and Sight-reading Contest

on Friday and Saturday March 24 & 25th at Oak Ridge HS

We will be wearing our blue Chamber Orchestra shirt, jeans, (no holes in the jeans), and sneakers.

[lybaldwin@conroeisd.net](mailto:lybaldwin@conroeisd.net)

### 8th Grade Language Arts

8th Grade ELA classes will be focusing on reading Mythology and preparing for STAAR. Tutorials are offered each day after school and before school on Thursday.

Please see your ELA teacher for a

Please keep the nine-weeks testing schedule in mind if you are making appointments for your children during school hours.

### Art

Thursday, March 2nd is "Big Art Day" sponsored by the Texas Art Education Association. Celebrate the importance of art in our schools with our students and community by wearing your favorite (or crazy!) necktie on this day. Post your photos on twitter with #BigArtDay #ConroeFineArts #ArtTiesUsTogether #TAEA and tag @ConroeFineArts. See Mrs. Shook or Mrs. Shrake if you'd like to create your own crazy tie to wear!!

[ashook@conroeisd.net](mailto:ashook@conroeisd.net)

### Nine-Week Exam Schedule

Date	Test
3/6/17	LA & Spanish
3/7/17	Social Studies
3/8/17	Science & Health
3/9/17	Math
3/10/17 Friday	Make-up (if you missed a test during the week).

## Important Dates

### March

- 1st - LGI--counselors course verification
- 2nd - Spring Pictures
- 3rd - Algebra Readiness Test
- 4th - Regional History Fair at Lone Star College in The Woodlands
- 6th, 7th - District Track Meet at CP or McC., Knox Host
- 6th - 8th - Cheer Try-Out Clinic in Gym 2 at 4:30
- 7th - Pre-UIL Concert for Parents after school
- 8th - TELPAS Reading 7th Grade
- 8th / 9th - District Track Meet @ CP
- 8th / 9th - UIL Choir off campus
- 9th - TELPAS Reading 8th Grade
- 9th - Cheer Try-outs in both gyms at 4:30
- 13th - 17th - Spring Break**
- 20th - Student Council in LGI at 4:00
- 20th - 23rd - Dancing Dolls Clinic and Try-Outs in Gym 2 at 4:30
- 21st - Band Clinic
- 23rd - New Cheer Meeting in LGI at 6:30PM
- 24th - Orchestra Pre UIL
- 24th - Band Clinic in Band Hall @ 4:00
- 24th - Choir drive in movie in choir room (after school)
- 25th - Orchestra Pre UIL
- 28th - 7th grade STAAR Writing / 8th grade STAAR Math**
- 29th - 8th grade STAAR Reading**
- 29th - Cheer Vender Night
- 31st - Band Pre UIL

### April

- April 3rd - Student Council in LGI at 4:00
- 6th / 7th - Orchestra UIL
- 6th - Peet Tennis at Irons
- 7th - Native Speaker Spanish Placement Test (LGI)
- 8th - NJHS Holocaust Museum field trip
- 10th - Tennis Club Field

